

CRANIO SACRAL REFLEXOLOGY

Cranio Sacral Reflexology performed on feet and hands is suitable for everyone: clients, family, friends. Newborn to the elderly. CSR benefits those with fragile and acute conditions such as but not limited to:

Infant and Child Conditions:

Birth trauma, eye coordination, colic, jaw disorders, reflux, ear and throat infections, excess crying, asthma, difficulties turning the head, digestion, and stress related disorders such as abuse.



Teen and Adult Conditions:

Sinusitis, whiplash, sport injuries, jaw disorders, Recurrent ear and throat infections, reflux, infertility, stress related disorders such as abuse, asthma, digestion, insomnia, difficulties turning the head, migraines, back, shoulder & neck pain, fatigue, stroke, and deafness.

n short... trauma originating from structural, emotional, chemical and infectious levels can be addressed. Reflexology on the cranio-sacral reflexes will stimulate the CFS fluid and bring back biochemical and bioelectrical balance of tissues. A release to these strain patterns support the body in its attempt to return to an ideal state of function and healing.

For additional information including details on each level of CSR: www.craniosacralreflexologyinstitute.com

Dr. Martine Faure-Alderson

From a young age, Dr. Martine was drawn to studying medicine. She trained and received diplomas in Osteopathy, Naturopathy, and is a Chiropractor. She continued her training and graduated from the following complementary therapies - Homeopathy, Acupuncture, Herbalist, Cranio-sacral therapy. She received her training in Reflexology with Doreen Baily for one year followed by teaching with her in Europe for more than three years. Dr. Martine soon combined her medical trainings with the years experiences in the health care profession. Slowly, over more than 10 years, she developed the Cranio Sacral Reflexology method.

Thirty Six (36) years ago, in 1974, Dr. Martine founded the Reflexology Institute in Paris 'Reflex Total Faure Alderson' and included the Stress Factor on the feet- autonomic nervous system.

Responding to numerous demands from the 'Associations of Reflexology' she teaches her reflexology course in many countries around the world including: the USA, Australia, Iceland, Norway, Denmark, Ireland, Belgium, the Netherlands, Italy, Spain and Slovenia. Dr. Martine has a published book: 'TOTAL Reflexology', paperback and hardcover, poster size chart and a DVD. Martine is responsible for Reflexology piloting Reflexology studies on cancer research in 5 hospitals internationally. Martine continues to teach and speak at state national and international conferences around the world.



2010 marks the 5th year of CSR being taught in the United States! Martine will be speaking at the national RAA conference and teaching a 4 day workshop post the conference.

Join us In Colorado!

Post the RAA National Conference: May 17,18,19, 20
2010

WHO SHOULD TAKE THIS CLASS?

Trained and practicing reflexologists, osteopaths, and cranio sacral therapists are qualified to attend.

Denver/Lone Tree, Colorado May 17-20 2010

In 2010 Cranio Sacral Reflexology will begin its teaching revision.
The **Advanced level CSR** workshop will be a combination of the previously known Basic and Advanced CSR levels.

Instructor: Dr. Martine Fraue- Alderson

Advanced Level CSR : 4 days 9 a.m. – 5 p.m. new students pay \$ 840.00 retaking students pay \$620.00
(This class combines the previously known Basic and Advanced CSR levels) **Payments can be arranged.**

You will learn the complete *Basic CSR* protocol. Hands on practice, lecture, Q & A, visuals plus a class folder. You will learn the history, anatomy and theory of the first protocol of CSR- *Basic CSR*- a complete one hour session for your clients. You will be qualified to join the free CSR internet Group where CSR students and graduates ask and share information moderated by instructors. You will earn 26 ARCB CEUs or NTBC CEUs

Optional to purchase: Poster size chart \$20. DVD \$ 35.00.
Dr.Martine's book *Total Reflexology*: paperback \$20 or hardcover \$30

Workshop Location: HYATT PLACE DENVER SOUTH/PARK MEADOWS, WESTVIEW RD LONE TREE, CO 80124
www.denversouth.place.hyatt.com Phone: 303 662 8500 for reservations

*FREE Shuttle service available from the Inverness Resort to the Hyatt Place. Contact Guest Services at the resort when you are ready to depart.

For those flying in : Denver International Airport-DIA is 30 min. away.
'Supper Shuttle' can be taken from the airport to the hotel - \$21.

For those staying over: Call the Hyatt directly to reserve a room. *Room sharing option below. Arrangements can be made to up to 4 per room with a room rate of \$109/night. Tell them you're with the *CSR group* for this discounted rate.

Bring: All Students: Sanitizer. Lotion. Pillow. Hand towel. Sack lunch or eat out. Eyebrow pencil or similar.
Reflexology Chair (students flying in will have chair provided)

Students Retaking: Along with the above, bring your class materials and notes from previous classes.

Organizer: I am available to answer your questions and to make your workshop experience a comfortable one. Payments available
Brenda Makowsky CSReflexology@yahoo.com 1-312- 282-9648 .

Registration Deadline is April 1, 2010 . You will receive a confirmation upon receipt of registration.
Class limited to 25 students.

----- ✂ -----REGISTRATION FORM ----- ✂ -----

Today's date: _____ **Registration Deadline April 1, 2010 is required.**

4 days Advanced level CSR new student \$ _____ retaking \$ _____ (This class combines the past Basic and Advanced CSR levels).

Retaking: I have taken Basic and Advanced both before 2010 : dates taken _____ location: _____

\$ _____ I have taken Basic CSR before 2010 – location at _____. I am registering for the last 2 days of Advanced level paying \$310.00
Ask Brenda if you have any questions or to arrange payments.

Total payment \$ _____ **make check OR money order payable to:** Marthe Faure-Alderson. 'Memo' the CSR level(s) you are paying for
mail the fee and this form to: Brenda Makowsky 2535 W Farwell, Chicago, IL 60645

___ Yes, I have a reflexology chair. (Flying-in students will have chairs provided) ___NO, I do not have a chair

* ___ Yes , I am interested in room-sharing. (You will be sent a list of others who want to room share.)

Name: _____

Email address _____ Phone: _____

Land Address: _____ City _____ State/Zip _____