

CRANIO SACRAL REFLEXOLOGY

WITH DR. MARTINE FAURE-ALDERSON

Trained reflexologists are qualified to attend

Cranio-Sacral Reflexology is suitable for everyone: clients, family, friends - all ages. Newborn to the elderly, including those with fragile and acute conditions such as but not limited to :

Infant and Child Conditions:

Birth trauma, eye coordination, colic, jaw disorders, reflux, ear and throat infections, excess crying, asthma. Difficulty in turning the head, digestion, stress related disorders such as abuse.



Teen and Adult Condiitons:

Sinusitis, whiplash, sport injuries, jaw disorders, Recurrent ear and throat infections, reflux, infertility, stress related disorders such as abuse, asthma, digestion, insomnia, difficulties turning the head, migraines, back, shoulder & neck pain, fatigue, stroke, deafness.

In short... any trauma of different origin such as structural, emotional, chemical and infectious can be addressed. Reflexology on the cranio-sacral reflexes will stimulate the CFS fluid and bring back biochemical and bioelectrical balance of tissues. A release to these strain patterns support the body in its attempt to return to an ideal state of function and healing.

For additional information including details on each level of CSR : www.craniosacralreflexologyinstitute.com

INSTRUCTOR:

MARTINE FAURE-ALDERSON



*"Martine is a speaker at the national RAA conference in Maine May '08 .
She will teach the 3 levels of CSR pre and post conference"*

Martine is a reflexologist with clinics and schools in Paris and London.

She has taught Reflexology 39 years. The 'Stress Factor' on the feet and autonomic nervous system was included in her reflexology teaching since 1974.

An Osteopath with 40yrs experience, she holds a doctorate in Homeopathy and General Medicine. She is a practicing Acupuncturist, Naturopath and Herbalist.

Combining her education and hands on experience, Martine developed Cranio Sacral Reflexology and has been teaching CSR since 1983. She instructs throughout Europe, South Africa, Australia, Iceland, Asia, New Zealand, Canada and the U.S.

"Class time is well used with a combination of lecture, visuals, Q & A and, so important to me, hours of hands on practice."

"Continuing my reflexology education by taking CSR, I am adding a higher level to my practice: anatomy, physiology and reflexology in general. And I am understanding it!"



"A professional level class - I leave with a full brain, happy to have meet new colleagues and we all have smiles !"

2008 CSR workshops - pre and post R.A.A. Conference

Basic CSR	Maine	April 30-May 1	W/TH
Advanced CSR	Maine	May 5-6	M/T
Third Level CSR	Maine	May 7-8	W/TH

ORGANIZOR:

I am available to answer your questions and to make your workshop experience a comfortable one.

Phyllis A. Garvey CSReflexology@yahoo.com

1-773-338-1644

'08 Registration Information

You have options: take one, two or all three levels of Cranio Sacral Reflexology

Level	Date	Day	New student	Return student option
Basic CSR	April 30-May 1	W/TH	\$350	\$250
Advanced CSR	May 5-6	M/T	\$350	\$250
Third Level CSR	May 7-8	W/TH	\$350	\$350

**Yes, because you are a trained reflexologist,
you can take three levels in a row :**

\$900 \$850

Students receive : 14 ARCB ceu's. Workshop packet. CSR charts.
CSR Manual - 3 separate books : Basic, Advanced or Third Level

Wksp Location : Eastland Park Hotel www.eastlandparkhotel.com
157 High St. Portland, ME. Call toll free: 888.671.8008 for services and amenities

For those flying in: Portland ME. International Airport is 2 miles away. United, Continental, Delta, etc.

For those staying over: Call the Eastland directly to reserve a room. Standard room rate has been discounted to \$99 per night. Mention Reflexology and the dates of your stay. Room sharing option - see form below.

FYI: Portland has MANY hotel options some with around-the-city shuttle service. Portland is on the ocean and a vacation destination. www.portlandmaine.com www.catferry.com

Time of Wksp: 9 a.m.- 5 p.m. both days

Bring: All Students: Sanitizer. Lotion. Pillow. Hand towel. Sack lunch or eat out.
Reflexology Chair (flying in students will have chair provided)

* Return students : Along with the above, bring your CSR Manual(s), notes, practical and charts.
If you have misplaced your manual(s) or charts contact the organizer for replacements.

Organizer: I am available to answer your questions and to make your workshop experience a comfortable one.
Phyllis A. Garvey CSRReflexology@yahoo.com 1-773-338-1644

Registration Deadline of April 12 is required. You will receive a confirmation upon receipt of registration.

----- ✂ -----REGISTRATION FORM ----- ✂ -----

Today's date: _____ **Registration Deadline - April 12 - is required.**

Basic \$ _____ Yes, I am a Basic return student - date taken : _____ location: _____

Advanced \$ _____ Yes, I am a Advance return student t- date taken : _____ location: _____

Third Level \$ _____

Total payment \$ _____ **make check OR money order payable to:** Garvey/CSR Workshop. 'Memo' the level(s) you are paying for.
mail the fee and this form to: . Phyllis A Garvey 7522 N Eastlake Terrace, Chicago, IL 60626

___ Yes, I have a reflexology chair. (Flying-in students will have chairs provided) ___NO, I do not have a chair

___ Yes , I am interested in room-sharing. (You will be sent a list of others who want to room share.)

Name: _____

Email address _____

Land Address: _____ City _____ State/Zip _____

Phone: (day) _____ (evening) _____ (cell) _____

THIS IS THE FIRST TIME 3 LEVELS OF CSR WILL BE OFFERED BACK TO BACK IN THE U.S.

